



**Child Nutrition Services**  
Teaching and Learning Support  
801 West 10<sup>th</sup> Street, Suite 200  
PO Box 110500  
Juneau, Alaska 99811-0500

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**-FREE CACFP VIRTUAL TRAININGS – Updated 4/1/21-**

**Don't miss out on some great training opportunities!** This is not our mandatory annual training ... but rather, a great opportunity for your cooks and any staff working with CACFP.

Space is limited so make sure you secure your spot. These are **FREE** virtual trainings being offered for all Alaska CACFP Sponsors and Institutions.

Resource materials will be sent to all participants as well as course completion certificates.

**There are 3 different instructor led virtual trainings from the Institute for Child Nutrition to choose from below:**

- **Nutrition 101** Virtual Instructor Led Training on Sat. [6/5/21](#) 8:00 am – 4:30 pm (1/2 hr. lunch)  
Nutrition 101: A Taste of Food and Fitness (8-hour training) This course qualifies for SNA core course certification level 1. This training provides a basic overview of nutrition with an emphasis on the importance of balance in daily food choices and the inclusion of physical activity as a key component to good health. The training incorporates a variety of learning activities including short physical activity boosters.

Please register by **May 15<sup>th</sup>** using the Smartsheet Registration Link at [-Nutrition 101 Registration](#)

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- **Basic Culinary Math** Virtual Instructor Led Training on [4/28/21](#) 1:00 -5:00 pm  
The goal of this 4 Hour training is to provide participants with the opportunity to review and practice basic culinary math skills, including the basic math principles of addition, subtraction, multiplication, and division. The remainder of the training will focus on other key skills such as measuring and converting measurements, scaling recipes, and calculating food costs.

Please register by **April 9<sup>th</sup>** using the Smartsheet Registration Link at [-Basic Culinary Math Registration](#)

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- **CACFP Meal Pattern Requirements** Virtual Instructor Led Training on [5/5/21](#) 1:00-5:00 pm  
Through USDA FNS guidance and collaboration, ICN developed the 4 Hour CACFP Meal Pattern Requirements training and materials. This webpage features training materials and additional resources for implementing the updated meal pattern requirements. – **Currently FULL but get on the waiting/interest list**

Please register by **April 16<sup>th</sup>** using the Smartsheet Registration Link at [CACFP Meal Pattern Requirements Registration](#)

Please let us know if other days/times work better for your training needs: [jennifer.cherian@alaska.gov](mailto:jennifer.cherian@alaska.gov)